**First-Year Seminars**

You must take a first-year seminar if you enter the university with fewer than 30 credits. All first-year seminars are at the 100 level.

Take a first-year seminar with the suffix “G” after the course number if you are in the:

- College of Liberal Arts (CLA)*
- College of Education and Human Development (CEHD)
- College of Public and Community Service (CPCS)

These courses carry four credits and meet for four hours per week.

**College of Science and Mathematics:** we encourage you to take a CSM Gateway Seminar as your First-Year Seminar. These course numbers are identified by the suffix “S” after the course number (for example, BIOL 187S and BIOL 188S). Each course carries two credits per semester and you are expected to take the two-course sequence over two semesters. As an alternative, you may take a “G” course.

*CLA First! Program:* consult your advisor for information about how to meet this requirement.

You may not take more than one First-Year Seminar or more than one Intermediate Seminar course.