

## Office of Environmental Health and Safety

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## **Carbon Monoxide Safety Tips for Houses and Apartments**

Carbon monoxide (CO) is known as the "Invisible Killer" because it is a poisonous gas that has no visible color, taste or odor.



- ✓ Symptoms of carbon monoxide exposure include nausea, dizziness, headaches, tiredness and red cheeks
- ✓ If a CO alarm sounds or you experience symptoms, move to a safe location outside where you can breathe in fresh air. Call 911 or the fire department after you are in a safe location outside of your home. Stay outside until emergency personnel arrive to help and tell you that it is safe to re-enter your home.
- Nicole's Law in the Commonwealth of Massachusetts requires carbon monoxide doctors be installed in most residences on every level of a home or dwelling unit including habitable portions of basements and attics. <u>On levels with sleeping areas the alarms must be placed</u> within ten feet of the bedroom doors.
- $\checkmark$  Never use a gas oven to heat a home or apartment.
- ✓ Do not let cars idle inside of garages.
- ✓ Portable generators must be operated according to the manufacturer's instructions.