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Dr. Anahid Kulwicki, PhD, DNS, RN, FAAN, has been appointed as the new dean of the College of Nursing and Health Sciences at UMass Boston. Dr. Kulwicki holds a PhD in nursing synthesis and an MS in nursing care of children from Indiana University, in addition to a BS in nursing from the American University of Beirut in Lebanon.

The college is excited to welcome Dr. Kulwicki, who has had a distinguished career in both health care and higher education, functioning in numerous capacities. She has served as the deputy director of the Department of Health and Human Services of Wayne County in Michigan after serving as director and health officer for the Department of Public Health. She has also been a faculty member at Wayne State University, Oakland University, and Florida International University. Most recently, she was director of the PhD in Nursing Program and associate dean for research at the College of Nursing and Health Sciences of Florida International University.

Dr. Kulwicki brings to UMass Boston a wealth of research experience in line with the College of Nursing and Health Sciences' mission. She has organized studies as a Fulbright Research Scholar in Jordan, and has published dozens of works on topics related to the health of Arab-Americans, with a particular focus on women and adolescents. She has served as principal investigator for a number of studies pertaining to pregnancy, adolescents, and domestic violence, in addition to problems in oncology, including prevention measures and complications stemming from tobacco use. Dr. Kulwicki's formidable background will help CNHS place an even greater emphasis on comprehensive health care research.

Also in keeping with the college's stated goals, much of Dr. Kulwicki's work has focused on disparities in health among various populations and ways to provide efficient health care for different communities. Her professional ambitions have frequently targeted health promotion for underserved minority populations. She has worked with a variety of organizations and groups with similar goals, including the March of Dimes, the Arab American Nurses Association, Michigan's State Board of Nursing, and the Sigma Xi Scientific Research Society. CNHS looks forward to Dr. Kulwicki's dynamic leadership when she arrives on campus during the fall semester.

In the last Harbor Reflections, I began this column by writing "Nothing is as constant as change." Well, there is a great deal of change to discuss in this issue of Harbor Reflections! You will read about the College of Nursing and Health Sciences' new dean, Dr. Anahid Kulwicki, and the incredible faculty recruited by the Department of Exercise and Health Sciences, which includes Richard Fleming and Ana Lindsay. As you read through the insert from the college's Office of Research, and articles on Dr. Ling Shi's grant award and the expanded role Dr. Hayman will play in guiding the future of research at the university, it becomes clear why we are able to attract such stellar faculty. The college is also fortunate to have staff such as Karen McInnis, who seamlessly took over the helm of the Office of Student Services as interim director when John Mascetta decided to move with his family to Maine.

Perhaps more importantly, faculty come to a college or university not just for what it is, but also for the potential a dynamic mix of research, teaching, and scholarship can create. And essential to the concept of change is the concept of potential, which embraces creativity: going beyond problems to pursue possibilities, and finding new ideas through collaboration. Mahatma Gandhi once said "We must become the change we want to see." Like trying on a different style of clothing, I look forward to discovering how well change becomes CNHS!

—Marion Winfrey, Interim Dean
College of Nursing and Health Sciences
FEATURED NEWS

Dr. Jacqueline Fawcett Receives Honorary Degree from Université Laval

Dr. Jacqueline Fawcett, PhD, RN, FAAN, was recently awarded an honorary doctor of science degree from Université Laval in Quebec City, Quebec, Canada. The College of Nursing and Health Sciences professor, Department of Nursing chair, and Nursing Program Accelerated Option interim director was recognized as a prolific leader and meta-theoretician within the field of nursing by the Canadian university, where she consulted with nursing faculty and students in 1995. Dr. Fawcett has compiled an impressive record of scientific research; more than 300 lectures, 175 scientific articles, 80 chapters, and a dozen books, some of which have been translated into other languages. Much of her research has focused on the advancement of knowledge using conceptual approaches specific to nursing, in particular Callista Roy’s Adaptation Model of Nursing.

Dr. Fawcett attributes much of her success to the mentors she has had throughout her education and career, including Florence S. Downs, a teacher and colleague of hers. When she became the editor of Nursing Research in 1979, Downs worked to alter editorial policies that required researchers seeking to have more than one article published in a scholarly journal such as Nursing Research to cover a different topic with each subsequent submission, which resulted in “one-shot studies” becoming prevalent in the field of nursing. Downs’ work opened up opportunities for nursing scholars such as Dr. Fawcett to develop specialized knowledge of issues in their field.

Over the years, Dr. Fawcett has been much sought after to speak at conferences and lead training sessions, in addition to supervising more than 30 doctoral students. She has been awarded a fellowship in the American Academy of Nurses and been recognized by New York University as a Distinguished Scholar in Nursing. She holds a PhD, and an MA in parent-child nursing, from New York University, as well as a nursing BS from Boston University.

Nursing Faculty Member Dr. Ling Shi Awarded Grant for Gestational Diabetes Mellitus Research

Assistant Professor Dr. Ling Shi, PhD, recently received a grant from the Life Sciences Moment Fund, awarded by the University of Massachusetts Center for Clinical and Translational Science, part of the University of Massachusetts Medical School. The Department of Nursing professor will use these funds to conduct a study titled “Effects of Soy Protein and Isoflavone Supplementation for Improved Glucose Metabolism and Lipid Profiles in Pregnant Women at High Risk for Gestational Diabetes Mellitus (GDM).” This project’s research team will include two of Dr. Shi’s CNHS colleagues, Dr. Laura L. Hayman, PhD, RN, FAAN, FAHA, and Dr. Emily Jones, PhD, RNC-OB. The team will also include Dr. Tiffany A. Moore Simas from UMass Medical School; Dr. Alice H. Lichtenstein from Tufts University; and Carol Downes, Bernard Logan, and Lori Stevens from the Melrose Wakefield Hospital.

The project is scheduled to run from July 2012 until June 2014. The research team plans to enroll 40 pregnant women at risk for GDM from the obstetrics services at the Melrose Wakefield Hospital in the study. From this group, participants will be randomly selected to receive either milk protein supplements or soy protein with isoflavone supplements, from their 16th gestational week to birth. Dr. Shi and her colleagues aim to determine the efficacy and feasibility of soy supplements in improving blood sugar and lipid levels during pregnancy.

Dr. Ling Shi, who joined the College of Nursing and Health Sciences in 2008, has researched a variety of issues related to child health and nutrition. In addition to serving as the principal investigator of a community-based randomized controlled trial on child complementary feeding intervention, she has authored or coauthored six peer-reviewed journal articles on child feeding. She received the Soy Health Research Award in 2010, which she applied toward her research in the effects of soy intake during pregnancy. Dr. Shi received her PhD in child health and development, and a master of health sciences in biostatistics degree, from the Johns Hopkins University Bloomberg School of Public Health, as well as a bachelor of medicine degree from Beijing Medical University.
Dr. Scott Crouter, PhD, FACSM, assistant professor in the Department of Exercise and Health Sciences, was recently appointed interim director of GoKids Boston. In his new role, Dr. Crouter will be responsible for continued growth of current programs, development of new programs, and leading a college-wide effort to define the vision and direction of GoKids. Dr. Crouter has been an EHS faculty member since 2007. His research focuses on the use of objective monitors, such as accelerometers and pedometers, for the measurement of physical activity in children and adults. Dr. Crouter received his BS from Linfield College, MS from the University of Wisconsin La Crosse, and PhD from the University of Tennessee Knoxville. He completed a postdoctoral fellowship at Cornell University.

Dr. Richard Fleming joins the College of Nursing and Health Sciences as an associate professor in the Department of Exercise and Health Sciences. Dr. Fleming received his PhD in psychology in 1990 from the University of Massachusetts Amherst. He has served as an associate professor at Auburn University and the University of Massachusetts Medical School. In his new role, Dr. Fleming will conduct collaborative research on lifestyle change to prevent and treat childhood obesity, with a special emphasis on children with intellectual and developmental disabilities. He will also teach and mentor at both the undergraduate and graduate levels. In addition to his PhD, Dr. Fleming earned an MS and MEd from the University of Massachusetts Amherst, as well as a BS from the University of New Hampshire.

Dr. Libin Zhang, a Department of Nursing lecturer, obtained her PhD in sociology and MS in statistics from the University of Illinois at Urbana-Champaign, where she worked as a teaching assistant for courses on research methods in sociology, and social and health policy. From 2009 to 2010, she served as editorial assistant for the Journal of Sociological Methodology, the only American Sociological Association periodical devoted entirely to research methods. Her PhD dissertation is titled “A Multilevel Study of Effects of Socio-economic Status, Income Inequality, and Built Environment on Adult Obesity in China.”

Dr. Ana Cristina Lindsay, DrPH, MPH, DDS, has completed research focused on understanding family- and community-level factors that influence children’s health, such as diet and physical activity, and the risk of obesity among low-income, Latino immigrant families and children in the U.S. and Latin America. Dr. Lindsay’s research has primarily focused on family-based prevention and health-promotion research and interventions conducted in partnership with state- and federal-level programs serving low-income families in the U.S. Prior to joining the EHS Department as associate professor, she helped create and codirect the doctoral program in public health nutrition at Harvard School of Public Health’s Department of Nutrition. Dr. Lindsay earned her DrPH and MPH degrees from the Harvard School of Public Health, and her DDS degree from the Campos School of Dentistry.

Dr. Teresa Elliot Roberts began teaching part-time at UMass Boston in 2004 after completing her nursing doctorate at Boston College. Her specialties include gynecology, primary care, and intercultural nursing care. She has primarily participated in the undergraduate programs at CNHS. A full-time clinical assistant professor as of fall 2012, Dr. Roberts is expanding her teaching into the graduate nursing program. She recently penned a chapter titled “Cultural Diversity and Values” for the book Community and Public Health Nursing: Evidence for Practice, which received the American Journal of Nursing’s Book of the Year Award. Dr. Roberts earned her MSN from the Massachusetts General Hospital of Health Professions and her BA from Washington University in St. Louis.

Dr. Adrienne Wald, EdD, MBA, BSN, CHES, joins the College of Nursing and Health Sciences as clinical assistant professor and director of the Undergraduate Nursing Program. Tradi-
CNHS’ associate dean for research, Dr. Laura L. Hayman, PhD, RN, FAAN, FAHA, has been named the university’s associate vice provost for research. A member of the UMass Boston community since September 2007, she has provided outstanding research mentoring for faculty, students, and staff. Under her direction, the CNHS Office of Research has significantly enhanced the college’s research and scholarly productivity. In appointing Dr. Hayman to her new post, Dr. Winston Langley, provost and vice chancellor for academic affairs, called on her to assume a leadership role in the implementation of the university’s strategic plan for research and scholarship.

Dr. Hayman earned a BS in nursing, an MS in nursing of children, and a PhD in interdisciplinary studies in human development from the University of Pennsylvania. She has worked in faculty and administrative roles at the University of Pennsylvania and New York University. She has also held clinical positions, including that of director of the Integrative and Behavioral Cardiology Center for Hypertension and Cardiovascular Medicine at New York’s Lenox Hill Heart and Vascular Institute.

Dr. Hayman’s research has focused on primary prevention of obesity and cardiovascular disease in children, adolescents, and families from diverse backgrounds. She has served as president of the Society of Behavioral Medicine and the Preventive Cardiovascular Nurses Association.

Dr. Hayman will continue as associate dean for research at CNHS and is honored to serve the university in her new capacity.