Greetings students and faculty!

What a year! CSP has quite a lot to celebrate. TWO programs APA accredited for the full seven years possible! 3 graduates! 10 dissertations! A 100% APA internship placement for our 6 students currently on internship. And plentiful social justice-oriented research in numerous research teams.

It was great to begin our academic years as accredited programs and to welcome Rebecca Pyne, our new PhD Coordinator. The CSP community is rich with conscientious, creative, and compassionate students and faculty. We continue to feel fortunate to be part of such a warm community and look forward to all the good work and advocacy we will achieve in the coming year!

Dr. Sharon Horne & Dr. Lindsay Fallon

Important Dates:
- December 10\textsuperscript{th}: CSP Holiday Party
- January 4\textsuperscript{th}: Practicum Applications Due
- January 23\textsuperscript{rd}: Spring Semester Begins
Welcome New Faculty & Staff

Rebecca Pyne
Program Coordinator

Rebecca comes from the Boston area originally and considers the New England area home. Although she’s spent time away in pursuit of her Sociology degree from the Johns Hopkins University, she ultimately found herself back in the area to complete her master’s degree in Human Development and Psychology at Harvard.

Her interests drove her to explore career options in a public university after working as the program administrator for graduate programs in education at the Harvard Graduate School of Education. Rebecca set her sights on working at UMB after positive reviews from friends who worked here and family members who had attended the university. She was particularly attracted to the diversity within the Counseling and School Psychology program and larger university community, and is excited to be part of both.

Outside of her role as coordinator, you can find Rebecca spending time with family and friends, enjoying her time outdoors via biking and hiking excursions, or at home where she strives to remember to meditate and to water her plants. Rebecca is also fond of volunteering, listening to live music, and reading. She takes special interest in Boston’s WUMB radio station, and a number of favorite books including The Corrections, Wild, Tiny Beautiful Things, and Going on Being.

Tracy Paskiewicz, PhD

Tracy joined the faculty in January after spending 11 years as a school psychologist in the School District of Philadelphia, and teaching as an adjunct at Temple University and the University of Pennsylvania. A native New Engander and self-proclaimed beach bum, relocating to Boston felt like the right move for this part-time “Cape Coddah” although she vows to never drop her “r’s” in casual conversation.

Her teaching and professional interests include intellectual/cognitive assessment, adaptive behavior assessment, assessment of preschoolers, differential diagnosis of autism spectrum disorders, culturally competent assessment practices, issues of bias and fairness in assessment, and using the word “assessment” five or more times in a single statement.

Tracy is dedicated to supervision, training, and professional development of school psychologists and enjoys the triumphs and challenges of urban public schools. You will find her occasionally complaining about the weather, but never about the cultural richness of this city.

Kateryna Kuzubova, PhD

Kateryna (Katya) received a doctorate in Counselor Education from the University of Toledo. She has worked in mental health agencies and integrated care clinic providing counseling services to children, adolescents, families and adults. She speaks both Russian and Ukrainian as native languages.

Prior to joining the university, Professor Kuzubova worked as post-doctorate at the Center for Adolescent Substance Abuse Research, Boston Children’s Hospital on two NIAAA-funded studies.

She is interested in prevention of and early intervention into substance use, depression, and other high-risk behaviors among adolescents, forgiveness in teens, integrated care treatment outcomes, and cross-cultural and international research and training in counseling techniques, theories and practice as it relates to prevention and intervention.
Meet the new CSP Cohort

Sadie Cathcart, B.A.

After having spent the past few years in NYC, Sadie is thrilled to be back in her home state. She is entering the school psychology program post-bac after having completed her undergraduate studies at Bard College at Simon’s Rock and Lesley University, respectively, with a B.A. in psychology, and minors in social work and studio arts. Inspired by her own family history and professional experiences working with children with HIV/AIDS and other chronic conditions, Sadie is interested in enhancing quality-of-life and simplifying school-life balance for children with unique medical challenges.

She is grateful to be broadening her understanding of Boston area schools in her Graduate Assistantship with Dr. Lindsay Fallon, and to be investigating the social implications of chronic illness with Dr. Gonzalo Bacigalupe. Outside of school, Sadie loves making things with her hands (not including food), and not so secretly enjoys YA fiction and podcasts related to folklore.

Julie Koven, M.S.Ed., M.Phil.Ed.

Julie recently earned master's degrees in Mental Health Counseling and Professional Counseling from the University of Pennsylvania. She received her bachelor's in psychology from the University of Rochester where she also minored in film studies. Julie hails from the state of New Jersey and is a huge Bruce Springsteen fan.

She is thrilled to be working with Dr. Sharon Lamb on bystander-based sexual assault prevention programming and ethically driven sex education curricula. She also works with Dr. Sharon Horne on LGBTQ issues. Julie is quite passionate about gender and sexuality! In her free time, she enjoys cooking, crafting, exploring the city, and basking in the glorious, crisp New England air.

Justin Karter, M.A.

Justin Karter is from a small town on Lake Erie outside of Buffalo, NY. He graduated from SUNY Buffalo in 2001 with a major in Interdisciplinary Social Sciences and minors in both English literature and Classics. After completing a year as a community organizer and teacher through AmeriCorps, Justin went on to pursue investigative journalism and completed his MA in Journalism and Mass Communication at Point Park University in Pittsburgh. He later took a class in Humanistic and Existential Psychology and felt as if he’d discovered a new home. Completely drawn in, he decided to go back to school to earn a MA in Community Psychology.

Justin is excited to be working with Dr. Lisa Cosgrove on issues related to research integrity in psychiatry, with Dr. Rakhshanda Saleem on structural violence in marginalized communities, and with Dr. Anne Douglass on trauma informed care in both healthcare and educational settings. Justin enjoys spending his time with his wife, Hannah, traveling, reading fiction and philosophy, and occasionally binge watching an entire television series.

Courtney Hess, M.S.

Courtney is from the Midwest and received both her B.S. and M.S. in Kinesiology from the University of Wisconsin – Milwaukee. Her research interests broadly include the use of strength-based approaches to promote optimal health and well-being in underserved, at-risk, youth populations. More specifically, she is interested in the use of interdisciplinary approaches in rehabilitation settings to improve psychosocial outcomes, and quality of life for children and youth diagnosed with chronic disease and disability.

Outside of academia, Courtney enjoys spending time with her husband, Adam, and their three fur babies, Winston William, Beatrice Johansson, and Oliver James. And, yes, having three pets in Boston is insane…but worth it.
Zenobia Morrill, M.Ed., M.A.

Zenobia grew up in Virginia, just outside of Washington D.C., and despite never self-identifying as a city person, shows a pattern of living in major East Coast cities. She completed her undergraduate degree in psychology at the University of Virginia in 2013. After trying her hands at clinical work, she decided to move to New York City to enter a dual master’s counseling psychology program at Columbia University.

Her personal and career experiences inform her research interests in examining interventions and change within psychotherapy, and systemic change related to multiculturalism and social justice pursuits. She is therefore very excited to be working with Dr. Rakhshanda Saleem to better understand the impact of structural violence on individuals’ wellbeing, with Dr. Heidi Levitt to investigate in-session experiences of psychotherapists, and with Dr. Laura Hayden to deliver community-based physical health interventions to children. If you happen to catch Zenobia when she’s not wanting to excitedly discuss psychology, society, or philosophy, then she’s likely to be doing something music or singing related, appreciating nature in some form, or trying to catch up with her two sisters.

Whitney Walker, M.A.

Whitney moved from Colorado where she received her Bachelor's in Sociology from the University of Northern Colorado in 2009 and Master's degree in Sociology from the University of Colorado Denver in 2011. She is interested in African American students' behavior and mental health.

She is looking forward to working with Dr. Melissa Pearrow focusing on issues of prevention program implementation, school-based mental health services, and systems change. She is also excited to be working on projects with Dr. Amy Cook’s research team investigating socio-emotional development through literacy with local children at the Boys and Girls Club. When she is not in school, she loves to travel and create memories with loved ones.

Bediha Ipekci, MS.Ed, M.Phil.Ed

Bediha was born and raised in Turkey. She received her MS.Ed and MPhil.Ed degrees in Professional Counseling from the University of Pennsylvania. Prior to attending UMass Boston, Bediha served as a research assistant at the Center for Treatment and Study of Anxiety (CTSA) at University of Pennsylvania and the Association for Trauma Outreach and Prevention (ATOP) in New York. Bediha’s clinical background includes experience at Medical College of Wisconsin-Tosa Center, Women Against Abuse, and Penn Presbyterian Medical Center.

She is currently working with Dr. Steven Vannoy on projects related to creativity and suicide risk, Dr. Gonzalo Bacigalupe on e-health and chronic illness. In addition, Bediha takes part in Dr. Heidi Levitt’s research team on issues of psychotherapy process. In her spare time, she enjoys attending cultural events and lectures in other disciplines, reading historical fiction, and writing poetry.

Bernalyn Ruiz, M.A.

Bernalyn is from the San Francisco Bay Area and is very excited to welcome Kevin Durant to the bay. Not wanting to leave the perfect weather, she completed her undergraduate degree at University of California, Berkeley in Peace and Conflict Studies with a minor in Global Poverty and Practice. With a passion for serving others and social justice, she went on to Teach for America where she taught kindergarten and first grade (where she taught the kids to love all things Cal- Go Bears). From her experience in the classroom Bernalyn developed a connection and call to serve children and families with mental health challenges.

This lead her to make the big leap to the Northeast (leaving behind the perfect weather) where she completed a masters in clinical psychology at Teachers College, Columbia University. She didn’t hate the cold as much as expected, and is now a first year in the Counseling Psychology PhD program at UMass, Boston where she works with Amy Cook, Tim Poynton, and Lisa Cosgrove. She is broadly interested in culture and stigma of mental health, student achievement, and measurement issues. If not working in a coffee shop you can find Bernalyn running along the Charles or the Emerald Necklace.
Humans of UMass Boston

The Humans of UMB Facebook page has continued this year with five new postings to date this semester. Since the last newsletter the UMB page has added new followers and messages to the page would suggest that it is a valued site for students in the UMB community. The experiences of those who have collected photos and stories has been incredibly positive, and if you wish to contribute to the Humans of UMB page, please don’t hesitate to engage with the UMB community in that way. If you have a picture and story you would like to see posted, please send the photo and story to Courtney Hess (Courtney.Hess001@umb.edu). Otherwise, be sure to like the Humans of UMB page and watch for continued postings about our UMB students and community.

Announcements & Awards

- **Sharon Horne** received the 2016 Award for Significant Contribution to Social Justice & Advocacy. Society of Counseling Psychology, Section on LGBT Issues. American Psychological Association, August 4th, Denver, CO.

- **Gonzalo Bacigalupe** was awarded the Carolyn Attneave Diversity 2016 Award at the American Psychological Association, Society for Couple and Family Psychology. Given to acknowledge special contributions to the promotion of diversity in family psychology or special contributions to the lives of diverse families.

- **Justin Karter** was appointed as the Newsletter Editor for APA Division 32, The Society for Humanistic Psychology.

- **Justin Karter** is the campus representative for the APAGS Advocacy Coordinating Team (ACT). The team raises awareness of social justice and activist issues relevant to psychology and coordinates advocacy campaigns.

- **Whitney Kleinert** received the 2016 National Psychologist Trainee Register Credentialing Scholarship from the National Register of Health Service Psychologists

- **Whitney Kleinert** received the American Academy of School Psychology Memorial Scholarship at APA 2016.
New Media Collaboration

UMB-Mad in America Research News Partnership

Lisa Cosgrove's psychological ethics research team has initiated a collaboration with the social justice oriented mental health webzine Mad in America. Five doctoral students in counseling psychology, Marta Pagan-Ortiz, Akansha Vaswani, Shannon Peters, Peter Simons, and Justin Karter, are writing news and analysis on newly published critical psychology and psychiatry research each week. Their experiences are also being used toward an academic exploration of university/internet partnerships which will be published in paper form later this year.

You can read all of the team's articles here: www.madinamerica.com/category/in-the-news


Presentations


### APA 2016 in Denver, CO


**Cook, A. L.** (2016, September). Outcome research as an empowerment tool: Youth Participatory Action Research. Presentation at the 2016 AARC National Assessment & Research Conference. Fort Lauderdale, FL.


Presentations


Robbins, B.D., Karter, J.M., & Gallagher, K. (2016, August). Diagnosis as a scapegoat mechanism. In B.D. Robbins & S. Kamens (Cochairs), Rethinking the medical model – Beyond diagnosis, drugs, and deficits. Symposium conducted at American Psychological Association’s Annual Convention, Denver, CO.


Presentations cont.


Grants


Bacigalupe, G. (2016). Digital humanitarians and psychosocial aid in natural disasters: Mobilizing online after an earthquake in Chile. CIGIDEN-FONDECYT.

Media and Op-Eds

Bacigalupe, G. (2016, July 27). ¿Por qué investigar el uso de las tecnologías emergentes en situaciones de desastres? [Why should we investigate the use of emerging technologies in disasters?] CIGIDEN Columna http://www.cigiden.cl/columnas/por-que-investigar-el-uso-de-las-tecnologias-emergentes-en-situaciones-de-desastres/