Greetings students and faculty from the Training Directors!

We are thrilled to be welcoming our 6th Cohort to CSP! Please meet our new students on pages 3-5. In addition, we are excited to welcome new faculty, Dr. Stacy Bender, Dr. Brian Daniels, and Dr. Ian Levy. All three launched their research right away and received Joseph P. Healey grants in their first semester! We’re looking forward to learning more about their research programs, and learning from them in the classroom. Our students and faculty have been very busy with publishing and presenting—check out the list of research and presentations on pages 6-12! Wishing everyone a happy fall and holiday season! It was great to see everyone at the Fall CSP Social!

Dr. Sharon Horne & Dr. Lindsay Fallon
## Welcome New Faculty & Staff

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<tr>
<th>Stacy Bender, PhD, NCSP</th>
<th>Brian Daniels, PhD</th>
<th>Ian Levy, PhD</th>
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Stacy is from the Buffalo, NY area, where she received her B.S. in Psychology from the University at Buffalo, and then went on to receive her M.A. and Ph.D. in School Psychology at Michigan State University. From there she was matched to the Florida State University Multidisciplinary Evaluation and Consulting Center for her pre-doctoral APPIC Internship. She also completed a Postdoctoral Fellowship in Child & Adolescent Clinical Psychology at the University of Rochester Medical Center.

Stacy is interested in parent-child relationships and parenting stress, particularly in underserved populations, mindfulness based practices, risk and protective factors affecting social-emotional and behavioral development in early childhood. She is currently collecting data to examine the link between mindfulness and parenting among various cultural groups and what specific mindfulness skills are more strongly linked to positive parent-child interactions. She is also working on implementing mindfulness programs for parents and students to evaluate the impact these programs have on parent-child relationships, stress, behavior and what populations they are effective for.

In her free time, Stacy enjoys spending time with her family, traveling, exploring the outdoors, trying new restaurants, and watching hockey.

Brian has lived in the metro Boston area for 13 years. He most recently completed a 2-year post-doctoral research fellowship with two school psychology faculty at Northeastern University as part of a grant from the Institute of Education Sciences (IES). Brian also completed his Ph.D. and M.S./C.A.G.S. at Northeastern.

Brian’s research interests are primarily related to school-based social, emotional, and behavioral assessment and intervention at the system-, targeted-, and individual levels. He is also interested in implementation science and systems change.

A native New Yorker whose parents were professional musicians, Ian’s connection to and passion for music deeply informs his work as a scholar/practitioner.

Ian received his Bachelor’s in Psychology from Queens College, and completed both a Master’s in Psychological Counseling and a doctoral degree in Health Education from Teachers College, Columbia University.

Most of Ian’s research has exposed the use of hip hop lyric writing, recording, and performing as a therapeutic outlet for urban youth. During his work as a scholar and practitioner in NYC, he developed a school counseling theory, Hip Hop and Spoken Word Therapy, which he implemented and evaluated as a school counselor in urban schools.

Currently, Ian is continuing his work exploring hip hop based programming at UMB. Ian’s overall goal is to further position the school counselor as an advocate for students personal/social, academic, and career development. He is specifically focused on ensuring that proper mental health outlets are provided to students in urban schools. Therefore, he plans to further develop the evidence base for hip hop and spoken word therapy, and see it implemented effectively in schools across the country. He also wants to train culturally responsive, and advocacy oriented, school counselors.
Meet the New Cohort

Lucia Andrade, M.A

After obtaining her bachelor’s degree in Psychology at Henderson State University in Arkadelphia, AR, Lucia pursued a Masters of Art degree in Clinical Psychology at the University of Massachusetts Dartmouth. She is now excited to join this year’s Counseling Psychology Ph.D. cohort and work with Drs. Steven Vannoy and Rakshanda Saleem. Her research interests include suicide risk assessment and prediction as well as suicide prevention. She is interested in the clinical implications and dissemination of strategies to improve suicide risk assessment and improve suicide prevention in inpatient and outpatient clinical settings and in the community. In addition, she has a passion for understanding the development, maintenance, and treatment of both non-suicidal self-injury and eating disordered behaviors. Lucia also has an interest in developing theoretical models that encompass systemic and social, cultural, and intrapersonal factors that tend to influence the onset and maintenance of maladaptive behaviors.

In her spare time, Lucia enjoys playing tennis, hiking, riding her bike, and taking photographs. She also enjoys the tranquility that comes with reading a book at a café.

Rachel Chickerella, M.S.

Rachel Chickerella is a first year Counseling Psychology Student at UMass Boston. Rachel also obtained her masters at UMass in mental health counseling. After her masters, Rachel worked at an organization called Trilogy Behavioral Health for close to two years. At that agency, Rachel worked with individuals with severe mental illness in community, home based and clinic settings providing therapy and case management services. Rachel is excited to be back at UMass, and is currently working in Dr. Bacigalupe, Dr. Horne and Dr. Douglass's labs looking at online communities, LGBTQ research, particularly in the South, and trauma informed practice in early education.

Allison Elber, M.A.

Allison Elber is from Ohio, where she earned her BA in Psychology with a minor in German at The Ohio State University. She then moved to Denver where she received her MA in Sport and Performance Psychology at the University of Denver, and then went on to work at the Eating Recovery Center, Denver. Outside of academics, Allison enjoys coaching and competing in rowing, and cheering for the Buckeyes with her two cats, Aussie and Carlie.

Allison is currently working with Laura Hayden and Boaz Levy. Her research interests include the implementation of sport- and strength-based interventions with at-risk youth populations to increase resiliency and feelings of well-being.

Jessica Janze, M.A.

Jessica grew up in Calgary, Alberta where she was unsurprisingly enamored with the Rocky Mountains. She completed her undergraduate degree at the University of Calgary before acclimating to the East Coast. Jessica received a Masters of Arts in Counseling Psychology at Kutztown University where she had the opportunity to explore the effects of yoga and other contemplative practices on trauma informed care. She was motivated to return to studies in the field of School Psychology after her clinical mental health work with children brought her to a realization of the potential schools have in addressing issues of childhood trauma.

Entering the School Psychology field from a counseling background, she is thankful to be gaining first-hand experience with Dr. Lindsay Fallon in schools around Boston. She is excited to be working with Dr. Stacy Bender as they explore the effects of mindfulness interventions in schools, on stress, and in childhood development. In her free time, you can find Jessica exploring the woods of New England or consuming an excessive amount of coffee.
Rebecca Troeger, M.A.

Rebecca Troeger is originally from Albany, NY, and is happy to be back in the Northeast after living in California for a number of years. Before starting her doctoral studies in Counseling Psychology at UMass Boston, Rebecca lived in Changsha, China, where she taught English and studied Mandarin, worked as an international student advisor, and earned her MA in Psychology. Rebecca is delighted to be supporting the work of three research teams – Dr. Lisa Cosgrove’s, Dr. Tim Poynton’s, and Dr. Amy Cook’s. She is interested in the interplay between people’s inner lives and social forces, including the role of social connection and community life in mental health, and the use of emotion-oriented approaches in anti-racism interventions with White Americans.

Rebecca loves traveling and studying languages (she’s studied French and Chinese so far, and dreams of learning Spanish one day, when she can find the time!), as well as writing, music, and yoga. On a day off, you might find Rebecca reading a novel with a delicious cup of tea in hand, or spending time with friends, family, and her husband, Wuyang.

Brittany Pereira, B.A.

For the love of living near the ocean, Brittany commutes to Boston from the south shore of Massachusetts where she grew up. She uses her time on the commuter rail to people-watch and write poetry. She received her B.A from Roger Williams University located in Bristol, Rhode Island where she studied psychology and creative writing. There, she discovered her love for scientific research and knew that she wanted to pursue a professional career in psychology. She also worked providing direct services to children with autism, and these experiences solidified her decision to explore and evolve the research to benefit children. As a first-year, post-bac doctoral student in the school psychology program she is exploring different avenues of research and looks forward to finding her niche.

She is currently working on Dr. Melissa Collier-Meek’s and Dr. Brian Daniels’ research teams. Brittany lives to spend time with her loved one, read, hike, travel, drink tea and snuggle with her cat.

Tamara Lawson, M.Ed

Tamara Lawson is a native of California. She received her B.A. in psychology at Clark Atlanta University in 2015. After completing her undergraduate training, she sought to complete her M.Ed degree in school psychology at UMB. After completing two-years of her M.Ed, she transferred into the Ph.D in school psychology program at UMB. She is currently a first-year student working under Dr. Melissa Pearrow and Dr. Stacy Bender.

Outside of academia, Tamara enjoys spending time with close friends and family, cooking yummy desserts and filling meals, and discovering new ways to practice self-love(care).

Lindsey White, Ed.M, M.A

Lindsey completed her undergraduate coursework at Loyola University Chicago where she earned degrees in Psychology and French Studies. She entered the Peace Corps upon graduation and completed her service as an Education and HIV Outreach volunteer in South Africa. She then moved to New York City and earned her masters degrees at Columbia University, Teachers College.

Lindsey was thrilled to join the research teams of Dr. Sharon Lamb and Dr. Sharon Horne. She is interested in working to help expand LGBTQ+ research and women’s studies to include experiences of gender diverse individuals.

In her free time, Lindsey enjoys attending concerts, plays, and other performance art shows. On a quiet night in, you can find Lindsey cooking Indian food, reading an existentially oriented novel, or endlessly browsing pet adoption websites for a dog.
Welcome, First Years!

Anna Whitehouse, B.S.

Anna is from the greater Seattle area and received her B.S. in Psychology from Santa Clara University. She is excited to be working with Dr. Amy Cook on her research relating to youth empowerment, social-emotional learning and social justice; as well as working with Dr. Brian Daniels research team looking at classroom management interventions. Anna’s developing research interests include Positive Youth Development, executive functioning classroom interventions, and social-emotional learning.

In her spare time, Anna enjoys exploring Boston, snowboarding, crafting, and catching up on Netflix.


Presentations


Bacigalupe, G. (2017, October 11). Mediated communication and emerging technologies for community participation in disaster risk reduction in Chile. Center for Global Resilience Colloquium, Northeastern University, Boston, MA.


Bender, S. L., Zielinski, A., Roth, R., Longo, Z., & Chermak, A. Prevalence of Mindfulness Literature Published in School Psychology Journals. Poster to be presented at the annual meeting of the 2018 National Association of School Psychologists Convention, Chicago, IL.


Hayden, L. (2017, October). Therapeutic Movement: School-wide Integration of Physical Activity and Counseling. Lecture conducted at the Association for Applied Sport Psychology 2017 Annual Conference, Orlando, FL.


Hendricker, E., Bender, S. L., & Ouye, J. Family Involvement in School-Based Behavioral Screening. Poster to be presented at the annual meeting of the 2018 National Association of School Psychologists Conference, Chicago, IL.


Beyond Journal Publications

**UMB-Mad in America Research News Partnership**

Dr. Lisa Cosgrove's psychological ethics research team continues their ongoing collaboration with the social justice oriented mental health webzine Mad in America. Seven doctoral students in school and counseling psychology, Zenobia Morrill, Bernalyn Ruiz, Shannon Peters, Peter Simons, Rebeca Troeger, Sadie Cathcart and Justin Karter, along with master's student Hannah Emerson, work together writing news and analysis on newly published critical psychology and psychiatry research each week. Several participants have also hosted interviews with leading researchers as part of the Mad in America podcast. Their experiences are also being used toward an academic exploration of university/internet partnerships, titled "Out of the Ivory Tower and Into the Newsfeed."

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Sharon Horne was awarded an Honorary Professorship in Psychology from the American University of Central Asia, in Bishkek, Kyrgyzstan, and delivered the Commencement Address for the Graduating Class of 2017! Graduates (above), and with President Andrew Wachtel (below).