The Program
The EHS Program prepares students to engage in rewarding careers in a variety of exciting health professions. Through our teaching, scientific research, and professional and community service, the Department of EHS is in the forefront of reducing adverse health conditions associated with sedentary behavior and empowering individuals and communities to take charge of their own health and well-being. Highlights of our department include a dedicated and enthusiastic faculty, an innovative and flexible curriculum, and many opportunities for career development including a wide range of internship experiences and directed research.

Degree Requirements
- 120 credits
- Our curriculum includes a solid foundation based on the principles of exercise physiology and physical activity promotion while offering the flexibility for students to pursue a concentration, in Health Sciences, Exercise Science, or Fitness Instruction and Management.
- Full-time students beginning as freshmen can complete the program in four academic years, a total of eight semesters.
- The capstone experience is a 400-hour Internship experience.

Program Concentrations
Students choose one of the following concentrations:

- Health Sciences concentration: Prepares students for advanced graduate study and/or future careers in physical therapy, occupational therapy, physician assistant, public health, nutrition, and other health professions. This concentration is specifically designed as a springboard for further graduate study in a health-related field.
- Exercise Science concentration: Prepares students for careers in physical activity-related research, cardiac rehabilitation, clinical exercise physiology, pediatric exercise, or future post-graduate exercise-related study.
- Fitness Instruction and Management concentration: Prepares students for careers in fitness center management, personal training, sports conditioning, worksite health promotion, or exercise-related businesses.

Centers of Excellence
Our students are supported to advance their education through hands-on experiences at:
- Clinical Center for Education and Research; a state of the art facility with fitness, metabolic, and strength testing equipment.
- GoKids Boston; a facility dedicated to helping children become healthy adults which is comprised of the latest active gaming equipment to promote youth physical activity.

Internship
You will benefit immensely from an internship placement in greater Boston’s finest institutions, such as, Massachusetts General Hospital, Tufts University, US Army Institute of Environmental Medicine, Quincy Hospital, FitCorp, YMCAs, among many others.

Tuition and Fees
The approximate yearly cost to attend for full-time students is $13,500 (for MA residents). Please contact the Bursar’s Office at 617-287-5350 for current costs.

Faculty
You will be mentored by a world renowned faculty, stellar in teaching, service, and scholarly achievements.

To Learn More, Write, Call, or Visit:
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