OVERVIEW OF MAY AT CKUMB

The month of May was a very busy and exciting period for us at CKUMB. The 2016-2017 school year came to a successful end, for us at CKUMB and for some of our graduate and undergraduate student volunteers, who graduated on May 25th and 26th. We launched our new summer cooking shift schedule on May 22nd, on Mondays, Tuesdays, and Thursdays, from 12-3pm.

One of our other top actions was to recruit new LT members and volunteers. We brainstormed ideas on how to recruit and attract new LT members. We posted job listings and all over various campuses and their career service cites, and we were able to hire highly qualified candidates: two new AmeriCorps Vistas for the summer and year round, a Nutrition Educator, and a Meals plan assistant.

A lot of our events in the past month, were posted on our various social media platforms, like pictures from our commitment to OSLCE’s Day of service, pictures from our gardening shift and meals made during our various cooking shifts. In the month of May we got a most august visit from BVS (Beacon Voyages for Service) volunteered with us for a full week from May 22nd to the 26th. Helping us in the kitchen during our weekly cooking shifts, and also at the garden where they planted their beautifully scented Basil plants. We also got a visit from BUSFR (Boston University Student Food Rescue) in the month of May, they delivered food items to us from their monthly food drive for CKUMB.

We also networked and attended events of our partners, like Hearty Meals for All, a community-meal program in Davis Square. They hosted the disenfranchised members of the community, by providing them with free healthy meals, contributed by partners like CKUMB. It was important for CKUMB to be there and support another non-profit that shares our mission of healthy, affordable food for all.

We have several summer activities planned for the month of June for the various communities and clients we serve. Once again thank you for your commitment, support and interest in helping us pursue our mission, and we hope to continue counting on you in the future.

*LT (leadership Team)
SUCCESS STORY

FOOD INSECURITY AND ITS EFFECTS ON KIDS; CKUMB’S ROLE IN THE COMMUNITY

In the month of May, a Boston Herald journalist, Kathleen McKiernan highlighted the struggles of families, when it comes to the affordability of food and the impact of Hunger on Children’s long term health, in both of her articles this past month. The story came off the heels of the Children’s Health Watch and The Greater Boston Food Bank shedding light on such an important issue such as the effects of food insecurity on kids. Through her research, Kathleen McKiernan determined that “Massachusetts ranks fifth-highest nationwide when it comes to people being unable to afford food, after the District of Columbia, Alaska, Vermont and Maine, the report states. In Massachusetts, 1 in 7 children already lacks access to enough food, and 1 in 10 of the total population...

“Rising food costs are putting a greater strain on Boston-area families already struggling to put a meal on the table…”

…About 10.3 percent of the total population in the state, or 700,000 people, are “food insecure” or do not know when their next meal is coming. Across the state, a single person in that group falls $19.21 short each week to pay for food, up 4.1 percent from $18.45. A family of four is short about $80 each week”.

But at the end of the day, the group of people that suffer the most are children from low income household. These are sometimes households of hard working americans that aren’t earning enough to eat or live healthy lifestyles, which affects children the mosts. Prior to this article, doctors and teachers alike have proven that well fed children stay healthier and perform very well in class.

That is why CKUMB, with 64 other campus kitchens which make up the Campus Kitchen Project, are collectively working to end food insecurity and food injustice all over the the country. At CKUMB we recover thousands of pounds of food each
day, that would have other wise been wasted and turn them into healthy meals which we take to the various Children, youth and adult clients we serve.

**CKUMB UPCOMING EVENT IN THE MONTH OF JUNE**

In the month of June:

- We will have our already scheduled summer cooking shifts, Mondays, Tuesdays, and Wednesdays, 12pm-3pm still in effect. So if you are free or looking for a way to give back to the community, please come and join us! To sign up for our summer cooking shifts, click on the SIGN-UP button below.
- Also, we are looking for consistent drop-off and pick-up volunteers with access to a car, for the delivery of our meals to our community partner organizations. If you’re interested please contact Rebecca Driscoll at rdriscoll@campuskitchens.org

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*The Director of OSLCE and a student from BVS making granola for kids at Walter Denney Boys and Girls Club*

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**SIGN-UP HERE**

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**Our achievements in the month of May!**

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