**Health Careers Fact Sheet – Osteopathic Medicine**

Interested in a more "holistic" approach to the practice of medicine? Choosing osteopathic medicine as your specialty puts you in partnership with your patients. Like all medical doctors, DOs are marked by their integrity, leadership and perseverance, but the osteopathic specialty is especially focused on humanitarian concerns. Emphasizing preventative medicine, osteopathic practitioners consider the impact that lifestyle and community have on the health of each individual, and they work to break down barriers to promote wellness and disease prevention. There are many opportunities for DOs and MDs to work in the same settings as equals.

**Degree**
D.O.

**Program Length**
4 years

**Professional Schools' Organization**
American Association of Colleges of Osteopathic Medicine (AACOM)

**Application Service**
American Association of Osteopathic Medicine Application Service (AACOMAS)

**Academic Admission Requirements**
One year each: Biology, General (Inorganic Chemistry), Organic Chemistry, Physics, English. Some schools may also require a full year of Calculus, it is recommended to discuss your math plans with the premedical advisor.

Additional requirements may be added by specific schools. Check the Osteopathic Medical College Information Book for additional details.

**Admission Exam**
Medical Admissions Test - MCAT

**Recommendation Letters**
Letters of recommendation should be submitted to the Premedical advising office along with the waiver form. It is encouraged to obtain letters from science faculty, a professional in the field, and employers.

**Fee Assistance Program (FAP)**
For Fee Assistance information, review the instructions on the AACOMAS website