***Laura A. Hayden, Ed.D.***

Associate Professor, Counseling and School Psychology

2-165 Wheatley Hall, 100 Morrissey Blvd.

University of Massachusetts, Boston, Boston, MA 02125

[laura.hayden@umb.edu](mailto:laura.hayden@umb.edu)

**PROFESSIONAL EXPERIENCES**

2018- **Department Chair,** Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts, Boston, MA

2017- **Associate Professor**, Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts, Boston, MA

2010 -2017 **Assistant Professor**, Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts, Boston, MA

2010-2014, 17 **School Counseling Graduate Program Director**, Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts, Boston, MA

2010-2012 **School Counseling Online Program Coordinator**, Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts, Boston, MA

2008-2009 **Sport Psychology Intern (supervised),** Wheelock College, Boston, MA

2006-2007 **School Guidance Counselor,** Somerville High School, Somerville, MA

2005-2006 **School Guidance Counselor Intern (supervised),** John D. O’Bryant High School, Boston, MA

**EDUCATION & LICENSURE**

2010 **Doctor of Education**, Boston University

Counseling Psychology (Concentration: Sport Psychology)

2006 **Certificate of Advanced Graduate Study**, Boston University

Counseling Psychology (Concentration: School Counseling)

Massachusetts Department of Elementary and Secondary Education Certification: Guidance Counseling, Grades 5-12

2004 **Master of Education**, Boston College

Educational and Developmental Psychology

2002 **Bachelor of Arts**, University of Michigan

Majors: Psychology, English

**AWARDS**

2017 APA Society for Sport, Exercise & Performance Psychology’s Early Career Professional Award (Recipient). American Psychological Association.

2017 Dorothy V. Harris Memorial Award (Nominated). Association for Applied Sport Psychology.

2017 The Manning Prize for Excellence in Teaching (Nominated). University of Massachusetts.

2016 University Conference on Teaching, Learning, and Technology’s Online Innovation Teaching Award (Recipient). University of Massachusetts Boston.

2016 Dorothy V. Harris Memorial Award (Nominated). Association for Applied Sport Psychology.

2012 2012 Ernest A. Lynton Award for the Scholarship of Engagement for Early Career Faculty (Nominated). New England Resource Center for Higher Education.

2007-2010 Junior Fellowship Scholarship (Recipient). Boston University.

2003-2004 Merit Based Tuition Remission Scholarship (Recipient). Boston College.

**RESEARCH**

**PEER-REFEREED PUBLICATIONS**

\* Denotes student contributors

\*Hess, C., \*Karter, J., Cosgrove, L., & **Hayden, L.** (2018). Evidence-based practice: A

comparison of International Clinical Practice Guidelines and current research on physical activity for mild to moderate depression. *Translational Behavioral Medicine.* doi:10.1093/tmb/iby092

Cook, A., **Hayden, L**., \*Tyrrell, R., & McCann, A. (2018). Doing everything on my own”:

Examining African American, Latina/o, and biracial students’ experiences with school counselors in promoting college readiness. *Urban Education*. [https://doi.org/10.1177/0042085918772624](https://doi.org/10.1177%2F0042085918772624)

**Hayden, L**., \*Hess, C., \*Broadhead, S., & \*Gould, K. (2017, Fall). A school-based

multidisciplinary response to student-athletes’ mild traumatic brain injury. *Journal of Multidisciplinary Research, 9*(3), 17-31.

Whitley, M., Walsh, D., Gould, D., & **Hayden, L**. (2017). Narratives of experiential

learning: Students’ engagement in a physical activity-based service-learning course. *Journal of Teaching in Physical Education, 36*(4), 419-429. https://doi.org/10.1123/jtpe.2016-0141

Whitley, M., Gould, D., Wright, M., & **Hayden, L**. (2017). Barriers to Coaching for Positive

Youth Development in South Africa. *Sports Coaching Review.* <http://dx.doi.org/10.1080/21640629.2017.1361169>

**Hayden, L**., \*Silva, M., & \*Gould, K. (2017). Revealing school counselors’ perspectives on

using physical activity and consulting with coaches. *Professional School Counseling, 21*(1), doi: 10.5330/1096-2409-21.1.1.

Cook, A., Codding, R., \*Silva, M., & **Hayden, L**. (2017). Enhancing school

counselor research and practice in data-based assessment through single-case research design. *Counseling Outcome Research and Evaluation.* doi:10.1080/21501378.2017.1327746

Cook, A., \*Silva, M., **Hayden, L**., \*Brodsky, L., & Codding, R. (2017). Exploring the use of

shared reading as a culturally responsive counseling intervention to promote literacy and social-emotional development*.* *Journal of Child and Adolescent Counseling, 3*(1)*.* doi:10.1080/23727810.2017.1280327

Arnold, T., Baltzell, A., & **Hayden, L**. (2016). Exploring accuracy and impact of concurrent and

retrospective self-talk among golfers. *Journal of Multidisciplinary Research, 8*(3), 41-56. http://www.jmrpublication.org/portals/jmr/Issues/JMR8-3.pdf

Cook, A., **Hayden, L**., Bryan, J., & Belford, P. (2016). Implementation of a

school-family-community partnership model to promote Latina youth development: Reflections on the process and lessons learned. *International Journal for Research on Service-Learning and Community Engagement, 4*(1), 1-17. http://journals.sfu.ca/iarslce/index.php/journal/article/view/189/123*.*

Cook, A., **Hayden, L**., & Denitzio, K.(2016).Literacy, personal development, and social

development among Latina youth: Exploring the use of Latino literature and dance.

*Journal of Child and Adolescent Counseling.* doi:10.1080/23727810.2016.1172302

Cook, A., Krell, M., **Hayden, L**., Gracia, R., & \*Denitzio, K. (2016). Fieldwork using the

professional development schools model: Developing a social justice orientation and multicultural competency. *Journal of Multicultural Counseling and Development, 44*(3), 176-188*.* doi:10.1002/jmcd.12045

Levitt, H., Begg, N., & **Hayden, L**.(2016). Understanding the school experience of

African-American homeless children*. Journal of Constructivist Psychology.* doi:10.1080/10720537.2016.1183539

Baltzell, A., \*Chipman, K., **Hayden, L**., & Bowman, C. (2015). Qualitative study of MMTS:

Coaches’ experience. *Journal of Multidisciplinary Research, 7*(3), 5-20*.*

Cook, A., **Hayden, L**., Gracia, R., & \*Tyrrell, R. (2015). Exploring outcomes of a targeted supervisory training curriculum on developing multicultural competency and social justice advocacy. *Counseling Outcome Research and Evaluation, 6*(2), 126-140*.* doi:10.1177/2150137815594201

Whitley, M., **Hayden, L**., & Gould, D. (2015). Growing up in the Kayamandi Township II:

Sport as a setting for the development and transfer of desirable competencies. *International Journal of Sport and Exercise Psychology.* doi:10.1080/1612197X.2015.1036095

**Hayden, L**., Whitley, M., Cook, A., \*Dumais, A., \*Silva, M., & Scherer, A. (2015). An

exploration of life skill development through sport in three international high schools. *Qualitative Research in Sport, Exercise, and Health, 7*(5), 759-775*.* doi:10.1080/2159676X.2015.1011217

# Hayden, L., Cook, A., Gracia, R., \*Silva, M., & \*Cadet, M. (2015). Evaluating fieldwork and a

targeted curriculum on urban counselor trainees’ self-efficacy. *Counseling Outcome Research and Evaluation, 6*(1), 33-46*.* doi:10.1177/2150137815573789

Cook, A., **Hayden, L**., Poynton, T., & Wilczenski, F. (2015). Increasing access to postsecondary education for students with intellectual disabilities. *Journal of College Access, 1,* 42-55*.*

**Hayden, L**., Cook, A., \*Scherer, A., \*Greenspan, S., \*Silva, M., \*Cadet, M., & \*Maki, E.

(2014). Integrating physical activity, coach collaboration, and life skill development in youth: School counselors’ perceptions​. *Journal of School Counseling, 12*, 1-38*.*

Baltzell, A., Caraballo, N., \*Chipman, K., & **Hayden, L**. (2014). A qualitative study of the

Mindfulness Meditation Training Program (MMTS): Division I female soccer players’ experience. *Journal of Clinical Sport Psychology, 8*(3), 221-244*.* doi:10.1123/jcsp.2014-0030

Whitley, M., **Hayden, L**. & Gould, D. (2013). Growing up in the Kayamandi Township: I. The

role of sport in helping young people overcome challenges within their community. *Qualitative Research in Sport, Exercise, and Health, 5,* 373-397*.* doi:10.1080/2159676X.2012.712993

**Hayden, L**., Baltzell, A., Kilty, K., & McCarthy, J. (2012). Developing responsibility using

physical activity: A case study of *Team Support*. *Agora for Physical Education and Sport, 14*(2), 264-281*.*

Cook, A., & **Hayden, L**. (2012). Obesity prevention among Latino youth: School counselors’

role in promoting healthy lifestyles. *Professional School Counseling, 16*(1), 7-17.

Wilczenski, F., Cook, A., & **Hayden, L**. (2011). Conceptual and curricular frameworks for

infusing social justice in urban school counselor education. *Journal of Counselor Preparation and Supervision, 3*(1), 6-17.

**Hayden, L**., & Lynch, M. (2011). The role of athletic trainers in helping coaches support

athletes’ reentry into competition following injury. *International Journal of Athletic Therapy & Training, 16*(1), 24-26.

**Hayden, L**., Poynton, T., & Sabella, R. (2008). School counselors’ use of technology within the

ASCA National Model’s delivery system. *Journal of Technology in Counseling, 5*(1).

**BOOKS**

**Hayden, L**., Cook, A., & Whitley, M. (2014). *School Counselor Resource Series: Teaching Life*

*Skills through Physical Activity.* Alexandria, VA: American School Counselor Association.

**BOOK CHAPTERS**

Cook, A., **Hayden, L**., & Wilczenski, F. (2017). Counsellor roles in postsecondary transition

from school to university. In R. Slee (Ed.). *People with Intellectual Disability Experiencing University Life.* Sense Publications. (Invited).

McCarthy, J., & **Hayden, L**. (2016). Utilizing mindfulness strategies in mentoring and

coaching socially vulnerable youth. In A. Baltzell (Ed.), *Mindfulness and Performance (Current Perspectives in Social and Behavioral Sciences)* (464-487)*.* Cambridge, MA: Cambridge University Press. doi:10.1017/CBO9781139871310.021

**MAGAZINE CONTRIBUTIONS**

Cook, A., **Hayden, L**.,& Wilczenski, F. (2014, April 29). Focusing on ability, not disability.

*Counseling Today.* Retrieved from <http://ct.counseling.org/2014/04/focusing-on-ability-not->disability/

**Hayden, L**. (2014, July/August). Jump, Run, Learn. *ASCA School Counselor Magazine, 51*(6),

12-16*.* Retrieved from [http://schoolcounselor.org/magazine/blogs/july-august-2014/jump,-run,-learn - .VAz9igiLxTs.email](http://schoolcounselor.org/magazine/blogs/july-august-2014/jump,-run,-learn#.VAz9igiLxTs.email)

**NEWSLETTER EDITOR**

**Hayden, L.** (2018, November). Cultural Praxis in Sport Psychology. *APA Division 47*

*SportPsych Works, 6*(4).

**Hayden, L.** (2018, September). Sport and Refugee Populations. *APA Division 47 SportPsych*

*Works, 6*(3).

**Hayden, L.** (2018, June). Supporting the Athlete in Society. *APA Division 47 SportPsych Works,*

*6*(2).

**Hayden, L.** (2018, April). Fostering Resilience through Athletics. *APA Division 47 SportPsych*

*Works, 6*(1).

**Hayden, L.** (2017, November). Supporting the Athlete in Society: Sport Advocacy. *APA*

*Division 47 SportPsych Works, 5*(4).

**PROFESSIONAL PRESENTATIONS**

Elber, A., Hess, C.W., **Hayden. L.,** & Levy, I. (2018, October). *Hip-hop dance therapy:*

*Implementation of a strength-based program for at-risk youth.* Lecture presented at the Association for Applied Sport Psychology Annual Conference, Toronto, Ontario, Canada.

Hess, C.W., & **Hayden, L.** (2018, October). *Hip-hop and rap as tools for working through*

*trauma with urban youth.* Lecture presented as part of a symposium at the Association for Applied Sport Psychology Annual Conference, Toronto, Ontario, Canada.

Greenspan, S., **Hayden, L.,** Whitcomb, S., Fefer, S., Griffith, C., Murtagh, E., Hayes, C. &

Bennett, H. (2018, August). *Psychosocial barriers for LGBTQ youth within sport and physical activity*. Collaborative Program presented at the 126th American Psychological Association Convention, San Francisco, CA.

Greenspan, S.B., Whitcomb, S., Griffith, C., Fefer, **Hayden, L.,** Murtagh, E., & Hayes, C. (2018,

February). *Going to Bat for LGBTQ Youth: Promoting Inclusive School Athleti*cs. Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

Morizio, L., Gould, K., Broadhead, S., Kleinert, W., & **Hayden, L.** (2018, February). *Vulnerable*

*Youth and Health Seeking Behaviors: Using Social Network Analysis.* Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

**Hayden, L.** (2017, October). *Therapeutic Movement: School-wide Integration of Physical*

*Activity and Counseling.* Lecture conducted at the Association for Applied Sport Psychology 2017 Annual Conference, Orlando, FL.

**Hayden, L.,** & Hess, C. (2017, October). *Sensitize through Exercise: Student Responsibility*

*Curriculum for Practitioners.* Workshop conducted at the Association for Applied Sport Psychology 2017 Annual Conference, Orlando, FL.

Massey, W., …**Hayden, L**. (2017, October). *Training practitioners: Using physical activity-*

*based programming to buoy youths’ socio-emotional development.* Symposium conducted at the Association for Applied Sport Psychology 2017 Annual Conference, Orlando, FL.

Greenspan, S., Whitcomb, S., Fefer, S., & **Hayden, L.** (2017, August). *School Stakeholders'*

*Perceptions of Integrating Social-Emotional Skills and Physical Activity*. Poster presented at the 125th annual conference of the American Psychological Association, Washington D.C.

**Hayden, L**., Whitley, M., \*Hess, C., \*Morrill, Z., \*Greenspan, S., Fefer, S., Whitcomb, S.,

McCarthy, J., & \*Altieri, V**.** (2017, August). *Systemic Integration of Physical Activity & Socio-Emotional Development in Schools & Communities*. Symposium conducted at the 125th annual conference of the American Psychological Association, Washington D.C.

\*Hess, C., & **Hayden, L.** (2017, August). *Utility of Sport-Based Interdisciplinary Models in*

*Schools to Improve TBI Rehabilitation Experiences.* Poster presented at the 125th annual conference of the American Psychological Association, Washington D.C.

**Hayden, L.**, & \*Hess, C. (2016, September). *Application of self-determination theory: Exploring*

*school-based counselors' perceptions of exercise for character development.* Poster presented at the Association for Applied Sport Psychology 2016 Annual Conference, Phoenix, AZ.

\*Broadhead, S., **Hayden, L**., \*Gould, K., \*Kleinert, W., \*Silva, M., \*Hess, C., & \*Pagan-Ortiz.,

M. (2016, August). *Traumatic brain injury in youth sports: School counselors and school psychologists’ roles in the recovery process.* Symposium conducted at the 124th annual conference of the American Psychological Association, Denver, CO.

**Hayden, L**. (2016, June). *Dance, books, and self-esteem: Using TPSR to develop literacy skills*

*among Latina youth.* Presented at the TPSR Alliance Conference, Boston, MA.

Massey, W., **Hayden, L**., Whitley, M., & Blom, M. (2015, August). *Community engaged youth*

*development research: Building partnerships to promote action research.* Presented at the Association for Applied Sport Psychology 2015 Annual Conference, Indianapolis, IN.

**Hayden, L**., Cook, A., \*Bednar, J., \*Gould, K., & \*Silva, M. (2015, August). *Counselors as*

*leaders for systemic integration of physical activity and sport in public education.* Poster

presented at the 123rd annual conference of the American Psychological Association,

Toronto, Canada.

**Hayden, L**., Whitley, M., \*Greenspan, S., \*Bednar, J., \*Gould, K., & \*Silva, M. (2015, August).

*Exploring collaboration between coaches and counselors to support positive youth development.* Presented at the 123rd annual conference of the American Psychological Association, Toronto, Canada.

**Hayden, L**., & Cook, A. (2015, June). *Helping school counselors integrate physical activity*

*and life skill development.* Presented at the 2015 American School Counselor Association National Conference, Phoenix, AZ.

Cook, A., **Hayden, L.**, & Belford, P. (2015, June). *School-family-community partnerships to*

*promote academic success among at-risk students.* Presented at the 2015 American School Counselor Association National Conference, Phoenix, AZ.

**Hayden, L**., & Whitley, M.(2014, August). *Development of life and academic skills through*

*physical exercise and sport.* Poster presented at the 122nd annual conference of the American Psychological Association, Washington DC.

Cook, A., Coverdale, D., Toney, B., & **Hayden, L.** (2014, April). *Academic achievement in*

*urban settings: Sharing ideas and best practices.* Presented at the 2014 Massachusetts School Counselors Association conference, Leominster, MA.

Gracia, B., **Hayden, L.**, Cook, A., & \*Scherer, A. (2014, April). *Developing counselor self-*

*efficacy while supporting at-risk youth: Partnership between UMass Boston, TechBoston Academy, and Urban Science Academy.* Poster presented at the 3rd Annual Community-Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts, Boston, MA.

Cook, A., **Hayden, L.**, \*Denitzio, K., \*Len, C., \*Scherer, A., Belford, P., & McLaughlin, S.

(2014, April). *Increasing student achievement through school-family-community collaborations.*Poster presented at the 3rd Annual Community-Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts, Boston, MA.

**Hayden, L**., Cook, A., & \*Silva, M. (2014, April). *UMass Boston and Dever School: Supporting*

*at-risk youth through physical activity.* Poster presented at the 3rd Annual Community-

Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts, Boston, MA.

**Hayden, L**., Cook, A., & \*Silva, M. (2014, March). *Promote holistic health among Latina ELL*

*students: Examining the effects of a curriculum integrating life skills, academic skills, and physical activity*. Poster presented at the 2014 Counseling Psychology Conference (APA Division 17), Atlanta, GA.

Cook, A., **Hayden, L**., Mahdavi, E., & McCann, A. (2014, February). *Empowering Latina immigrant youth through culturally relevant group work.* Presented at the 2014 annual meeting of the Association for Specialists in Group Work, Orlando, FL.

**Hayden, L**. (2014, January). *Adding to the school counselors' toolbox: Teaching life skills*

*through physical activity.* Presented at the Michigan Great Lakes Bay Counselor Network Series, MI.

Cook, A. L., & **Hayden, L**. (2013, October). *Urban school counselor preparation through service learning: Development of multicultural and social justice awareness.* Presented at the 2013 biannual meeting of the Association for Counselor Education and Supervision, Denver, CO.

Cook, A. L., **Hayden, L**., \*Scherer, A., Apter, R., Belford, P., & Sabin, M. (2013, April). *UMass Boston’s school counseling program at Dever-McCormack School*. Poster presented at the 2nd Annual Community-Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts Boston, MA.

**Hayden, L**., Cook, A., Gracia, R., \*Scherer, A., & Morin, M. (2013, April). *UMB & BSA: Supporting academic achievement through athletics*. Poster presented at the 2nd Annual Community-Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts Boston, MA.

Cook, A., & **Hayden, L**. (2013, March). *Obesity prevention among Latino youth: School counselors’ role in promoting healthy lifestyles and academic success*. Presented at the 2013 annual meeting of the American Counseling Association, Cincinnati, OH.

Cook, A., **Hayden, L**., & Gracia, R. (2012, April). *Urban partnerships promoting academic excellence.* Poster presented at the Community-Engaged Partnerships Symposium: Teaching, Research, Service, University of Massachusetts, Boston, MA.

**Hayden, L**.,Cook, A., Gracia, R., **\***Youmatz, J., \*Walsh, E.(2012, May). *A social justice*

*approach: Exploring UMB’s service learning partnership with the Boston Public Schools to develop high school students’ college and career readiness.* Presented at the Symposium on Teacher Education: Learning in Action, University of Massachusetts Boston, MA.

**Hayden, L**. (2011, September). *The power of a caring climate: Assessing Team Support, a youth*

*development program, using Hellison’s Personal and Social Responsibility model*. Presented at the Association for Applied Sport Psychology 2011 annual conference, Honolulu, HI.

Whitley, M., Gould, D., **Hayden, L**., Lauer, L., & Buckle, M. (2011, September). *Challenges*

*in conducting research and outreach in underserved communities: Lessons from the field.* Presented at the Association for Applied Sport Psychology 2011 annual conference, Honolulu, HI.

Whitley, M., **Hayden, L**., & Gould, D. (2011, July). *Sport-Based positive youth development: A*

*study in the Kayamandi Township in South Africa.* Presented at the 13th FEPSAC European Congress of Sport Psychology, Madeira, Portugal.

**Hayden, L**., & Whitley, M. (2011, July). *An ethnographic study of life skill development in*

*Malaysian youth*. Presented at the 13th FEPSAC European Congress of Sport Psychology, Madeira, Portugal.

Codding, R., & **Hayden, L**. (2011, April). *Enhancing protective factors in schools through*

*prevention models.* Presented at the Paradigm Change: Strategies to Overcome the Achievement Gap of Students Living in Poverty, University of Massachusetts, Boston, MA.

**Hayden, L**. (2009, December). The Power of a Caring Climate: Assessing the fidelity of Team

Support to Hellison’s responsibility model and the perceived effectiveness of student-athlete participation in Team Support. Presented at Boston University’s Work in Progress seminar, Boston, MA.

Chipman, K., **Hayden, L**., Joy, A., Martin, I., Naylor, A. (2009, June). *Leadership in sport*.

Presented at the TPSR Alliance Conference, Springfield College, Springfield, MA.

**Hayden, L**. (2005, April). *School counselors’ use of technology within the ASCA National*

*Model’s delivery system*. Presented at the Massachusetts School Counselor Association conference, Sturbridge, MA.

**GRANTS**

**Hayden, L.** (2018). *Building our kids’ success: Providing professional development to integrate*

*responsibilities and physical activity in Puerto Rico.* Office of Global Programs International Seed Funding Program, University of Massachusetts Boston, $4,817.75 (funded).

**Hayden, L.** (2018). *Why BOKS: Exploring effects of before-school sports program on classroom*

*engagement.* Association for Applied Sport Psychology Research Seed Grant. $492 (funded).

**Hayden, L.** (2017). *Social Network Analysis of Help-Seeking Behaviors.* Public Service

Grant Program, University of Massachusetts Boston, $8694 (submitted).

**Hayden, L.** (2017). *Training Faculty Leaders: Providing Professional Development to*

*Integrate Responsibilities and Physical Activity into Positive Youth Development.* Office of Global Programs International Seed Funding Program, University of Massachusetts Boston, $4,986.33 (funded).

Massey, W., Mullen, S., & **Hayden, L**. (2016). *Whole school, whole community, whole*

*child: Improving health in Milwaukee Public School students.* Children’s Hospital of Wisconsin, $30,000 (not funded).

**Hayden, L**.(2016). *Moving for change: Physical activity as a delivery method for socio-*

*emotional development among urban youth.* Joseph P. Healey Research Grant Program, University of Massachusetts Boston, $5,159 (funded).

**Hayden, L**.(2015). *Exploring the impact of exercise in developing responsibility among*

*socially vulnerable youth: A 2 year follow up.* Association for Applied Sport Psychology Research Seed Grant, $500 (funded).

**Hayden, L**.(2014). *Reducing inequality & building strengths through physical exercise*

*among urban youth.* W.T. Grant Foundation, $100,000 (not funded).

**Hayden, L**.(2013). *Exploring the role of physical exercise in developing responsibility among*

*urban youth.* Joseph P. Healey Research Grant Program, University of Massachusetts Boston, $5,215.06 (not funded).

**Hayden, L**.,& Cook, A. (2012). *Supporting habits for success among Latina students:*

*Examining the effects of integrating life skills, academic skills, and Latino dance*. Joseph P. Healey Research Grant Program, University of Massachusetts Boston, $12,000 (not funded).

Cook, A.,& **Hayden, L**. (2013). *Addressing health disparities among Latino youth. How can school counselors help youth develop strengths to overcome obesity?* Robert Wood Johnson Foundation, New Connections Grant for Early-Career Investigators, $100,000 (not funded).

**Hayden, L**., Cook, A., Codding, R. (2012). *Proposal for an Empowerment-Based, Obesity*

*Prevention Program at the Dever-McCormack School.* Trefler Foundation, $15,000 (not funded).

**Hayden, L**. (2008). Graduate Student Association Award, Boston University, $422 (funded).

Richards, C., Sobieszczyk, C., **Hayden, L**., Brunet, J., Doherty, M., Iamello, L., & Golding, P.

(2007). *Life Science Career Grant*. Somerville Public Schools, $1000 (funded).

**Hayden, L.** & Dinatali, S. (2007). *College Prep and Test Taking Strategies Workshop*.

Somerville Public Schools, $1000 (funded).

Iamello, L., **Hayden, L**., & Brunet, J. (2007). *Vocational Career Preparedness Portfolio.*

Somerville Public Schools, $500 (funded).

**COMMUNITY WORKSHOPS/ENGAGEMENTS**

**Hayden, L.** (2017, November). *Exploring the intersection of sport engagement, mental health,*

*and trauma.* Philanthropic Connection, Cambridge, MA.

**Hayden, L.**, Gould, K., Hess, C., & Sheppard, V.(2017, June). *Physical activity and life skills*

*training.* Matilde Huici Navas, Santiago, Chile.

**Hayden, L**. (2010, April). *Tools and techniques to build team cohesion*. Ramsey Rehab Coaches

Clinic, Leominster, MA.

**Hayden, L**. (2010, February). *Building team cohesion among high school female track athletes.*

Brookline High School, Brookline, MA.

**Hayden, L**. (2009, October). *Effective communication and motivation*. Ramsey Rehab Coaches

Clinic, Leominster, MA.

**Hayden, L**. (2009, April). *How do we keep students motivated? Using competition to facilitate*

*successful learning.* Playing your Part in the Team Conference, Endicott College, Beverly, MA.

**Hayden, L**. (2009, January). *Taking the Lead*. Mt. Cardigan Boarding School, Nashua, NH.

**Hayden, L**. (2008, December). *Incorporating moderation into a health curriculum*. Merrimack

College, Beverly, MA.

**TEACHING**

**COURSES TAUGHT AT UMB**

COUNSL620: Human Development (on campus and online)

COUNSL606: Ethical Standards & Professional Issues in Counseling (online)

COUNSL630: Orientation to Professional School Counseling (on campus and online)

COUNSL633: Ethical and Legal Issues in School Counseling (online)

COUNSL635: Behavioral Counseling (on campus and online)

COUNSL650: Group Counseling for Children & Adolescents (on campus)

COUNSL660: College Readiness Counseling (online)

COUNSL661: Physiological Bases of Behavior (on campus)

COUNSL688: Practicum in School Counseling (on campus)

COUNSL698: Advanced Internship Seminar (on campus and online)

COUNSL752: Health Psychology (on campus)

COUNSL601: Research and Evaluation in Psychology (on campus)

COUNSL Special Topics: Biological Bases of Behavior (Doctoral level course) (on campus)

CSP 702: Foundations and Ethics of Counseling Psychology (on campus)

**COURSES TAUGHT PRIOR TO UMB**

PSY100: Introduction to Psychology (Lasell College; Mt. Ida College, Newton, MA)

EDU100: Introduction to Education (Boston University, Boston, MA)

PSY210: Adolescent Psychology (Lasell College, Newton, MA)

ED410/412: Social and Civic Context of Education (Boston University, Boston, MA)

ED500: Foundations of Educational Practice (Boston University, Boston, MA)

CAS500: Introduction to Counseling (Boston University, Boston, MA)

RS600: Perspectives on Inquiry (Boston University, Boston, MA)

PSY610: Introduction to Psychological Testing (Suffolk University, Boston, MA)

**SERVICE**

**INTERNAL**

Program:

Faculty advisor, domestic and international graduate licensure students, 2010-

Graduate Program Director, School Counseling Program, 2010-2014, 2017

Admissions Coordinator, 2010-2014, 2017

MPCAC (Master’s in Psychology and Counseling Accreditation Council) Accreditation Coordinator for School Counseling state and online programs, 2012

Curriculum Revision, 2012-

Co-modified COUNSL606 to COUNSL633, a school counseling-focused ethics course, 2015

Co-developed cohort model for full time students to complete developmentally appropriate sequence of courses, 2014

Online Program Coordinator for School Counseling Program, December 2010-June 2012

Department:

Department Chair, 2018-

Department Leadership Committee, 2018-

Department Secretary, 2015-2017

Reviewer for School Psychology Faculty 4th year review case, 2017

Reviewer for Adjunct Faculty 3rd year reappointment, 2014

Doctoral Committee, 2011-

Participated in decision-making through development of program

Served on 2 doctoral dissertation committees within Counseling Psychology

Served as a primary and secondary advisor within Counseling and School Psychology

Participated in admission process for each cohort

Participated in successful APA accreditation review process

Organized and contributed to the PhD recruitment video for the program website

Created syllabus for CSP Special Topics: Biological Bases of Behavior

Co-created syllabi for CSP704: Qualitative and Quantitative Methods in Counseling and School Psychology

Co-created syllabi for CSP708: Intermediate Statistics

Resource Allocation Committee, 2010-2013

Sunshine Committee, 2010-2013

Doctoral Proposal Committee, 2010-2011

Search committees

Member of School Counseling lecturer committee, 2018

Member of School Counseling lecturer committee, 2017

Co-chair of School Counseling tenure track associate professor committee, 2013

Member of School Counseling tenure track assistant professor committee, 2012

Chair of School Counseling clinical line committee, 2011

Member of Ph.D. Counseling Psychology committee, 2011-2012

College:

CEHD Senate, 2014-2017

Co-chair, 2016-2017

Member of budget committee, 2016-2017

Member of executive team, 2015-2017

Secretary, 2015-2016

Search committee

Member of CEHD Dean committee, 2016-2017

Academic Affairs and Curriculum Committee, 2013-2017

Co-chair, 2016-2017

Chalk & Wire college-wide task force, 2010-2011

University:

Graduate Writing Center Task Force, 2013-2014

Learning Outcomes Subcommittee of Faculty Council Academic Affairs, 2012

**EXTERNAL**

Community:

Service Learning Partner, BOKS before school physical activity program, 2018-

Service Learning and Evaluation Partner, P.L.A.Y.S, providing leadership through sport workshops to Boston youth, 2016-

Board of Directors Member, 2016-

Service Learning and Evaluation Partner, Boys and Girls Club, providing youth development programs for socio-emotional growth through sport, 2016-

Service Learning and Evaluation Partner, DreamFar, using running to develop life skills, 2014

Counselor Education Partner, Dever-McCormack School, providing educational and counseling support to Latina students and families, 2012-2014

Service Learning Partner, Boston Scholar Athletes, 2010-2012

Service Learning Partner, Boston Stars Organization, 2010-2011

Profession:

SportPsych Works Editor, APA Division 47, 2017-

Cornerstone Committee, APA Division 47, 2015-

Dissertation and Thesis Award Reviewer, APA Division 47, 2017-

Networking and Liaison Relations for APA Division 17, 2014-2017

Editorial Review Board

*Translational Journal of the American College of Sports Medicine*, 2018-

*Professional School Counseling,* 2013-

Ad hoc Journal Reviewer

*European Physical Education Review,* 2017-

*Measurement in Physical Education and Exercise Science,* 2016-

*International Journal of Sport and Exercise Psychology*, 2015-

*Qualitative Research in Sport, Exercise, and Health,* 2015-

*Quest*, 2013-

*Journal of Applied Sport Psychology,* 2012-

Conference Proposal Reviewer

*Association of Applied Sport Psychology* proposal submissions, 2016

*APA Counseling Psychology Conference* proposal submissions, 2014

Program review of School Counseling and School Adjustment Counseling programs, Cambridge College, 2011-2012.

**PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA)

Division 6: Society for Behavioral Neuroscience and Comparative Psychology

Division 17: Society of Counseling Psychology (SCP)

Division 47: Exercise and Sport Psychology

Association for Applied Sport Psychology (AASP)

American School Counselor Association (ASCA)

The Philanthropic Connection