## Worksheet 4 - DEAL Framework for Critical Reflection

[Adapted from Ash, S.L. \& Clayton, P.H. (2009). Generating, deepening, and documenting learning: The power of critical reflection in applied learning. Journal of Applied Learning in Higher Education, 1(1), 25-48.]

Part I: Choose 2 or 3 key experiences to focus the reflection on - What were the most significant or reflectionworthy experiences over the last [week, two weeks, semester]?

| Describe Experience(s) Objectively | Examine Experience from the Perspective of Academic Enhancement | Articulate Learning |
| :---: | :---: | :---: |
| - Where was I? <br> - Who else was there? <br> - When did this experience take place? <br> - What was said? <br> - What did I/others do? | - What specific elements of our course materials relate to this experience? <br> - How was I able to apply a skill, perspective, or concept related to our academic material? <br> - What similarities and differences are there between the perspective on the situation offered by our academic material, and the situation as it in fact unfolded? <br> - How does this experience enhance my knowledge of a specific reading, theory, or concept? Does it challenge or reinforce my prior understanding? <br> - Based on analysis of the experience in light of course material, is the material (or my prior understanding of it) adequate? What reasons might there be for any differences or inadequacies? What questions should I ask to put myself in a better position to judge the adequacy of the material? | - What did I learn? <br> - How, specifically, did I learn it? <br> - Why does this learning matter, why is it important? <br> - In what ways will I use this learning, what goals shall I set in accordance with what I have learned in order to improve myself and / or the quality of my learning and / or the quality of my future? |

Use this space and the resource from Wolcott \& Lynch (2006) to develop specific course-related questions:

