UMass Boston Pronouns
Policies and Practices for Instructors

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Pronouns: She/Ella
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In partnership with: Registrar’s Office, Student Affairs, UITS

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Gender Identity and Expression: The Basics

The University of Massachusetts Boston is committed to validating and valuing the gender identity and expression of members of the campus community.

**Gender identity** refers to an individual’s internal sense of gender, regardless of the sex assigned to them at birth or the sex designation on their legal documents. *(Linguistic and descriptive)*

**Gender expression** is defined as the way in which a person expresses their gender identity, typically through appearance, dress and behavior. *(Performative)*
Why are Pronouns important?

• Respecting gender identity and expression affirms an individual’s existence.

• Misgendering retraumatizes and leads to the person feeling disrespected, invalidated and marginalized.

• What seems like a minor mistake happens over and over.

• As an institution that is committed to the inclusion of historically underrepresented groups and ensuring a respectful, safe, and inclusive campus for all members of the community, UMass is working to ensure that everyone has the opportunity to indicate their pronouns and to have their pronouns be respected.
Inclusive Identity Project

• **Project Sponsors** – Multi-campus representation from Registrar Offices, Student Affairs and Offices of Diversity, Equity and Inclusion.

• **Goal** – deliver a more inclusive, respectful and welcoming experience for all Student Identities that includes development of necessary processes, practices and support systems to maintain that environment.

• **Objectives** –
  
  • Partner with UITS, Dartmouth and Lowell campuses to review best practices for collecting **Inclusive Identity** data and modify existing or create new Student Self-Service fields in WISER.

  • Perform Campus Readiness activities to support these values and notify campus stakeholders of changes so they can prepare to assist Students where needed.
Pronouns: Definitions

• **Gendered pronouns** specifically reference someone’s gender: he/him/his

• **Non-gendered or non-binary pronouns** are not gender-specific and are often used by people identifying outside the male/female binary
  - Ex: Jadzia identifies as genderqueer; they do not see themselves as either female or male.

<table>
<thead>
<tr>
<th>Pronouns:</th>
<th>In a sentence:</th>
</tr>
</thead>
<tbody>
<tr>
<td>she/her/hers</td>
<td>She wants you to use her pronouns.</td>
</tr>
<tr>
<td>he/him/his</td>
<td>He wants you to use his pronouns.</td>
</tr>
<tr>
<td>ze/their</td>
<td>Ze wants you to use their pronouns.</td>
</tr>
<tr>
<td>they/them/their</td>
<td>They want you to use their pronouns.</td>
</tr>
<tr>
<td>co/cos</td>
<td>Co wants you to use cos pronouns.</td>
</tr>
<tr>
<td>No pronoun/name (use the person’s name instead of a pronoun)</td>
<td>____ (name) wants you to use ____ (name) pronouns.</td>
</tr>
<tr>
<td>xe/xem/xyr</td>
<td>Xe wants you to use xyr pronouns.</td>
</tr>
<tr>
<td>hy/hym/hys</td>
<td>Hy wants you to use hys pronouns.</td>
</tr>
</tbody>
</table>

• **Any pronouns**: individuals who do not care which pronouns others use for them or want others to use for them or want others to vary their pronoun use for them. It is best to ask which options the person desires.

• **Name only**: Individuals who do not use pronouns and want to be known by their name only.

• **Choose not to disclose**
WISER – Class Roster/Reports in Faculty/Advising Centers
Pronouns on Class Rosters

• If a student has indicated their pronouns on a class roster, respect these pronouns and ask students in the class to respect each other’s pronouns.

• You could have a syllabus policy that asks the students to respect each other’s pronouns, as well as the names that students use for themselves. A sample policy:

  • **Names and Pronouns:** Everyone has the right to be addressed by the name and pronouns that they use for themselves. Students can indicate their chosen first name and pronouns on WISER, which appear on class rosters. Please let me know what name and pronouns I should use for you if they are not on the roster. A student’s chosen name and pronouns are to be respected at all times in the classroom.
Pronouns on Class Rosters

• Do not assume that students who do not indicate their pronouns on class rosters use “she/her” or “he/him” for themselves.

• Recognize that the pronouns that someone uses for themselves may change over time, and that students may forget to update them in WISER. If a student indicates that their pronouns are different than what is on the roster, simply correct your roster manually and remind students of the option to let you know of their pronouns in WISER.
As a faculty member, you can model using your pronouns through writing them on the Whiteboard, on a name tent, or on PowerPoints used in class.

Not every student is ready to share their pronouns so it is important to offer the *option* but do not require that students share their pronouns as part of their introductions or on their name tents.
Asking Pronouns in Classes

In small-sized classes, you can:

• Have the students introduce themselves, including their pronouns if they wish.

• Pass out cardstock and have the students write down their names and, if desired, their pronouns to place on the desk or table in front of them. You could also use name tags for the first few class sessions.

• Ask the students to write down their names and pronouns on an index card for you to collect (this is a less useful strategy because you learn students’ pronouns, but the students do not learn each other’s pronouns).
Asking Pronouns in Classes

In large-sized classes, you should avoid gendering students unless you know and are confident in your memory of how they identify their gender.

Suggestions for how to call on students without gendering them:

• Gesture to the person you are calling on and say something like, “as you pointed out” or “as they pointed out.”

• Instead of saying something like, “the gentleman in the back, what is your question?” you can say, “the person in the back in the purple sweater, what is your question?”
Misgendering Mistakes

• The best thing to do if you realize you just used the wrong pronoun for someone in a conversation with them is to say something right away, such as “Sorry, I meant they.” Fix it, but do not call special attention to the error. If you realize your mistake after the fact, apologize to the person at your next opportunity.

• Do not go on and on to the misgendered person about how bad you feel that you messed up or how hard it is for you to get it right. It is inappropriate and makes the person who was misgendered feel awkward and responsible for comforting you, which is not their job. It is your job to remember people’s pronouns.
Misgendering Mistakes

If someone indicates to you that you have misgendered another person, thank them for letting you know, as correcting someone is an act of care and can be risk-taking.
What If Someone Else Mistakenly Uses the Wrong Pronouns for a Person?

• In most cases, the best thing to do if you hear someone misgender another person is to gently correct them without further embarrassing the individual who has been misgendered. You can say something, such as “Actually, Xena uses she/her pronouns for herself,” and then move on. If a person refuses to use the appropriate pronouns for someone, do not ignore it. It is important that the harassment of others not be tolerated. It may be appropriate to speak to the person in private to correct the misgendering behavior.

• It may also be appropriate to check-in with the person who has been misgendered and say something, such as “I noticed that you were being referred to by the wrong pronouns earlier, and I know that this can be really hurtful. Would you be okay with me taking the person aside and reminding them about your appropriate pronouns? I want to make sure that this space is safe for you.” Take your cues from the comfort level of the person who has been misgendered.
Keep in Mind

- If you’re going to invite people to share their pronouns, **DO** try to **ask everyone**, not just the person whose pronouns are unclear.

- **DON’T** refer to “they/them” or “ze/hir” pronouns as *gender-neutral* pronouns. **Non-binary pronouns** is a better description, as some trans people identify as gendered.

- **DON’T** use the the phrase “preferred pronouns” or “preferred name.” A particular pronoun is **not a preference** for trans people; it affirms their identity.

- **DON’T** indicate that you don’t care what pronouns people use for you if you identify as cisgender. This **reinforces privilege** and **invalidates the experience** of trans people who repeatedly encounter misgendering.
Keep in Mind

Not everyone feels comfortable indicating their pronouns in every setting and they should not feel forced to do so. If you ask students to indicate their pronouns when they indicate their names, say something like, “please say your name and, if you want, please provide the pronouns you use for yourself.” You can set an example by stating your pronouns first or including your pronouns on your syllabus.
Questions?

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