**Camp Shriver 2025 Weekly Goals**

1. ***Show Up*** – Be here, be involved, give 100%

*What it looks like*

* Join all activities
* Participate even when you don’t feel like it
* Show enthusiasm
* Interact with others
* Positive attitude toward coaches, counselors and campers
* Try new things, even if they are hard

1. ***Build Yourself a Team*** – Make friends, surround yourself with people who make you better, make good choices

*What it looks like*

* + Choose positive people to be with
  + Make an effort to bring others into your group (use words like join us, come on”
  + Use your manners/look for manners in others (nice job, please, thank you)
  + Follow the camper doing the right thing, ignore the camper doing the wrong thing

1. ***Fill Their Tank*** – Make others feel good about themselves, put yourself in their shoes, ask “how would I feel?”, build them up

*What it looks like*

* Compliment others
* Cheer up someone who needs it
* Cheer on teammates
* Congratulate opposing teams

1. ***Play to the Whistle*** – listen to your coaches, let disappointments go when the game is over, play fair, demonstrate good sportsmanship

*What it looks like*

* + High five other team
  + Follow the rules of the game
  + Use your manners
  + Let it go when the game is over if there is a problem
  + Accept mistakes
  + Cheer for successes