

## **After-Hours Care**

UHS is open Mondays through Fridays from 8:30 AM – 5:00 PM. We offer telehealth on Mondays through Wednesdays until 7:00 PM. Closed on weekends and holidays.

Reminder: All healthcare facilities state that it's the patient's responsibility to contact their insurance company to check for coverage, deductibles, and copays.

Distance from Campus	Name	Address	Phone	Clinic Hours	Insurance
1.9 mi	DotHouse Health Urgent Care	1353 Dorchester Avenue Dorchester, MA	(617) 288-3230	Mon – Thur 8:00 AM – 8:00 PM Fri 8:00AM – 4:00 PM Sat 8:30 AM – 2:00 PM Sun 9:00 AM – 12:00 PM	Most major plans accepted
2.3 mi	South Boston Community Health Center	409 West Broadway Boston, MA	(617) 269-7500	Mon – Thur 9:00 AM – 7:00 PM Fri 8:30 AM – 5:00 PM Sat 9:00 AM – 1:00 PM	Most major plans accepted
2.4 mi	<u>Upham's Corner Health Center</u> <u>Urgent Care</u>	415 Columbia Road Dorchester, MA	(617) 287-8000	Mon – Thur 8:30 AM – 8:00 PM Fri 10:00 AM – 5:00 PM Sat 8:30 AM – 1:30 PM	Most major plans accepted
3.1 mi	Codman Square Health Center	637 Washington Street Dorchester, MA	(617) 825-9660	Mon – Fri 8:00 AM – 8:30 PM Sat 9:00 AM – 3:00 PM	Most major plans accepted
3.6 mi	Carbon Health Urgent Care (Back Bay)	399 Boylston Street Boston, MA	(857) 416-9218	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted
3.7 mi	Mass General Brigham Urgent Care (Boston Common)	137 Stuart Street Boston, MA	(617) 393-5059	Mon – Sun 9:00 AM – 8:30 PM	Most major plans accepted
3.8 mi	<u>Carbon Health Urgent Care</u> ( <u>Downtown Boston</u> )	80 Summer Street Boston, MA	(857) 353-6397	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted
4 mi	AFC Urgent Care (Back Bay)	575 Boylston Street Boston, MA	(617) 869-0500	Mon – Sun 8:00 AM – 8:00 PM	Most major plans accepted
4 mi	South Boston Health Seaport Urgent Care	505 Congress Street Boston, MA	(617) 464-7620	Mon – Thur 10:30 AM – 7:00 PM	Most major plans accepted
4.9 mi	Carbon Health Urgent Care (Fenway)	1254 Boylston Street Boston, MA	(508) 283-9773	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted



5.9 mi	Mass General Brigham Urgent Care (Brookline)	1285 Beacon Street Brookline, MA	(617) 751-6205	Mon – Sun 9:00 AM – 8:30 PM	Most major plans accepted
6.4 mi	Beth Israel Lahey Health Urgent Care (Quincy)	100 Walter J. Hannon Pkwy Quincy, MA	(617) 615-4000	Mon – Fri 9:00 AM – 7:00 PM Sat – Sun 9:00 AM – 5:00 PM	Most major plans accepted
7.9 mi	ConvenientMD Urgent Care	479 Washington Street Quincy, MA	(857) 529-5220	Mon – Sun 8:00 AM – 8:00 PM	Most major plans accepted
8 mi	Carbon Health Urgent Care (Brighton)	311 Washington Street Brighton, MA	(617) 213-7715	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted
8.1 mi	PhysicianOne Urgent Care (Medford)	4110 Mystic Valley Pkwy Medford, MA	(860) 650-3848	Mon – Fri 8:00 AM – 8:00 PM Sat – Sun 9:00 AM – 5:00 PM	Most major plans accepted
9.1 mi	AFC Urgent Care (Braintree)	485 Granite Street Braintree, MA	(781) 848-2273	Mon – Fri 8:00 AM – 8:00 PM Sat – Sun 8:00 AM – 5:00 PM	Most major plans accepted
9.2 mi	<u>Carbon Health Urgent Care</u> (West Roxbury)	75 Spring Street West Roxbury, MA	(508) 283-9771	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted
10 mi	Beth Israel Deaconess Urgent Care (Chelsea)	1000 Broadway Chelsea, MA	(617) 975-6060	Mon – Fri 9:00 AM – 7:00 PM Sat – Sun 9:00 AM – 5:00 PM	Most major plans accepted
10.3 mi	PhysicianOne Urgent Care (Chestnut Hill)	1210 Boylston Street Chestnut Hill, MA	(860) 650-3848	Mon – Fri 8:00 AM – 8:00 PM Sat – Sun 9:00 AM – 5:00 PM	Most major plans accepted
10.7 mi	Beth Israel Lahey Health Urgent Care (Chestnut Hill)	200 Boylston Street Chestnut Hill, MA	(617) 278-8500	Mon – Sun 9:00 AM – 7:00 PM	Most major plans accepted
11.7 mi	AFC Urgent Care (Watertown)	376 Arsenal Street Watertown, MA	(617) 923-2273	Mon – Fri 8:00 AM – 8:00 PM Sat – Sun 8:00 AM – 5:00 PM	Most major plans accepted
13.7 mi	Mass General Brigham Urgent Care (Newton)	71 Needham Street Newton, MA	(857) 598-4460	Mon – Sun 9:00 AM – 8:30 PM	Most major plans accepted



# **Local 24/7 Emergency Departments**

Reminder: All healthcare facilities state that it's the patient's responsibility to contact their insurance company to check for coverage, deductibles, and copays.

Avg. Distance from Campus	Name	Address	Phone	Insurance
3.3 mi	Boston Medical Center (BMC)	725 Albany Street Boston, MA	(617) 414-4075	Most major plans accepted
3.7 mi	<u>Tufts Medical Center</u>	830 Washington Street Boston, MA	(617) 636-5566	Most major plans accepted
4.6 mi	Boston's Children's (age 21 & under only)	300 Longwood Avenue Boston, MA	(617) 355-6624	Most major plans accepted
4.8 mi	Beth Israel Deaconess Medical Center - Boston	1 Deaconess Road Boston, MA	(617) 754-2400	Most major plans accepted
5 mi	Brigham and Women's Hospital	75 Francis Street Boston, MA	(617) 732-5500	Most major plans accepted
5.9 mi	Massachusetts General Hospital (MGH)	55 Fruit Street Boston, MA	(617) 724-2000	Most major plans accepted
6.1 mi	Beth Israel Deaconess Medical Center - Milton	199 Reedsdale Road Milton, MA	(617) 313-1132	Most major plans accepted
6.7 mi	Brigham & Women's Faulkner Hospital	1153 Centre Street Jamaica Plain, MA	(617) 983-7000	Most major plans accepted
8.9 mi	Beth Israel Lahey Health Mount Auburn Hospital	330 Mount Auburn Street Cambridge, MA	(617) 499-5025	Most major plans accepted
9.1 mi	St. Elizabeth's Medical Center	255 Washington Street Brighton, MA	(617) 789-2666	Most major plans accepted
9.9 mi	Cambridge Health Alliance Everett Hospital	103 Garland Street Everett, MA	(617) 389-6270	Most major plans accepted
13 mi	South Shore Hospital	55 Fogg Road South Weymouth, MA	(781) 624-8000	All major plans accepted
13.4 mi	Beth Israel Lahey Health Winchester Hospital	41 Highland Avenue Winchester, MA	(781) 729-9000	Most major plans accepted
14.2 mi	Tufts Medicine Melrose Wakefield Hospital	585 Lebanon Street Melrose, MA	(781) 979-3000	Most major plans accepted



### **Emergency Room vs. Urgent Care: Frequently Asked Questions (FAQs)**

What is an emergency room?

An **emergency room (ER)** is a hospital department that treats people for life-threatening or severe conditions. Care is with a team of healthcare professionals available 24/7, equipped to provide life-saving services and other emergency care. If you're severely ill, they will admit you to the hospital. If you don't require admission, you'll be sent home after the initial treatment to complete treatment with your own doctor. Emergency room design is optimized for quick, short-term care.

What is an urgent care center?

**Urgent care centers** are setup to assist patients for moderate to serious illness or injury that isn't lifethreatening. Care is often with a doctor, physician assistance, or nurse practitioner.

Visit an **urgent care center** when it's <u>not an emergency</u>, but you still need immediate attention. They are convenient and more affordable than hospital ERs with extended hours for things like:

- small cuts that need stiches
- shortness of breath
- abdominal pain
- minor eye injuries

- flu or severe colds
- fever and headache
- sinus infections
- minor fractures

- sprains or muscle pulls
- diarrhea and vomiting
- ear infections
- skin rashes or infections.



How do I decide between visiting an urgent care center or the emergency room?

For emergencies only, call 911 or go to your nearest emergency room. Symptoms that require a visit to the ER include:

- chest pain
- stroke
- dizziness
- severe burn

- heart attack
- sudden/severe pain
- loss of consciousness
- compound fracture
- heavy bleeding
- trouble breathing or speaking
- choking
- head, neck, or spine injury

How should I prepare for my visit?

- Bring your health insurance ID card, a valid photo ID, and a form of debit/credit card.
- Keep an accurate list of your current medications, allergies, and previous medical conditions.
- When explaining your symptoms, be straightforward and specific.
- Don't hesitate to ask about your treatment options, medications, or any follow-up care you may need. It's important to understand your health plan and next steps.
- If additional appointments or follow-up care are needed, schedule them promptly.
- If you have any questions about your bill or insurance claims, contact the billing department for clarification. Patients may be eligible for financial assistance, so it's important to ask.

### If you are visiting an urgent care center:

• Try to visit during less busy times, usually early in the day or during weekdays, to avoid long wait times. Some websites offer patients to join a virtual waiting room or share expected wait times.

#### If you are visiting the emergency room:

- Consider packing a small bag with a few essentials like a change of clothes, toothbrush, toothpaste, spare eyeglasses, phone charger, etc. in case you need to spend the night at the hospital.
- Write down a list of emergency contacts you may want the hospital to contact.

